



# Study Break in DC

## March 2018 Event Guide

Promoting healthy lifestyles, free and affordable monthly events guide from Healthy Living at Himmelfarb



### March is Women's History Month!

#### Visit the National Museum of Women in the Arts



The National Museum of Women in the Arts is located in the heart of D.C. and is the only museum in the world dedicated solely to celebrating the artistic achievements of women. The museum's permanent collection features more than 3,000 works of art by women from the 16th century to the present. Admission \$Adults: \$10.00 / Students: \$8.00

**Community Day:** Visit the museum on the first Sunday of the month for FREE admission to take this opportunity to explore the collection and current exhibitions. **Location:** 1250 New York Ave NW, Washington DC.



### National Portrait Gallery Presents...

#### "Champions"

"Champions" salutes dynamic American sports figures whose impact beyond the athletic realm made them part of the larger story of the nation. A lively combination of portraits, artifacts, memorabilia and videos enhances the exhibition.



**Free ongoing exhibit.** Location: Third floor mezzanine, 8th and F Streets NW, Washington, DC



SAT MAR 10, 6PM

### DIRECT CURRENT: Gamer Symphony Orchestra

Join the University of Maryland's Gamer Symphony Orchestra for a spectacular musical journey celebrating video game music as a means for gamers, musicians, and enthusiasts alike to share stories of passion, learning, and friendship. From Bits to Brass: A Symphonic Adventure Through Video Game Music features popular pieces from all across the video game music landscape. This showcase of musical masterpieces will help you discover the magic where games and music meet.

**Location:** Kenney Center Millennium Stage. FREE

SAT-SUN MAR 10-11



### 2018 NBC4 Health & Fitness Expo

The Health Fair provides free health screenings, fun activities and information on products and services that relate to healthy living. There is a Healthy Cooking Stage, a Healthy Kids Stage, a variety of workout presentations, a Healthy Book Festival, a Yoga Stage with plenty of practice space and instruction, a Changing Minds Pavilion with a focus on mental health and behavioral wellness practices and much more. This is an engaging winter event with activities for all ages and a great way to get inspired to be active throughout the year. **Location:** Walter E. Washington Convention Center in D.C. FREE.

MON MAR 12: 7PM



### SORIN: A NOTRE DAME STORY

Sorin is one-person play about the dawn of the University of Notre Dame as told by the intrepid Holy Cross priest who founded it, Rev. Edward Sorin. Directed by Patrick Vassel '07—Associate Director of Broadway's smash hit, Hamilton—and written by celebrated playwright Christina Telesca Gorman '91, Sorin stars Matthew Goodrich '09 as Father Sorin in a transformational performance that carries the audience through a sweeping journey of faith, character, and resolve.

**Location:** Lisner Auditorium. Free, Tickets required

SUN, MARCH 11: 12PM

### D.C. St. Patrick's Day Parade

The Parade runs along Constitution Avenue from 7th to 17th Streets NW. Reviewing stands are located between 15th and 16th Sts. NW.



Nation's St. Patrick's Day Parade, will include floats, marching bands, pipe bands, military, police, and fire departments. Local Irish pubs will sponsor parade parties featuring Irish musicians, dancers and signers. St. Patrick's Day is a family day, bringing people together to share the culture of the Irish.

MON MAR 28: 7-8PM

### Giant Pop-Up Book Wonderlands

For the past decade, Colette Fu has been making photo based pop-up books focusing on the lives of ethnic Chinese minority groups. Colette will speak about this body of work, her process, and how she came upon this unique art form. Colette will also speak about her latest project, building the world's largest pop-up book, where gallery visitors were invited to go inside. Colette Fu received her MFA in Fine Art Photography from the Rochester Institute of Technology in 2003, and soon after began devising complex compositions that incorporate photography and pop-up paper engineering.

**Location:** Flagg Building, 500 17th Street NW. FREE

SAT MAR 31: 10-4:30PM

### Cherry Blossom Kite Festival

Signature Event at Washington Monument Grounds 

The seventh annual Blossom Kite Festival showcases the creativity of kite makers and skill of fliers from across the US and other countries through a variety of competitions and demonstrations, Rokkaku Battles and the Hot Tricks Showdown. Bring your own kites or children can make a kite at an activity station (while supplies last) to fly on the Public Field. Kites will also be available for purchase onsite.

